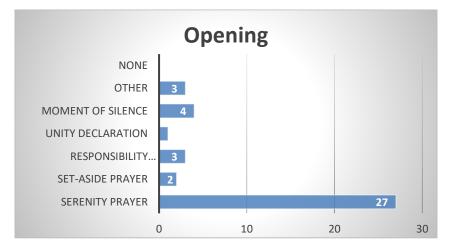
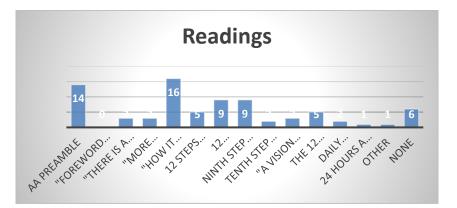
# VBBSE SURVEY RESULTS V03052019

71 formal Big Book Study groups in Area 60 (as of February 2019); 32 survey respondents (formal & informal)



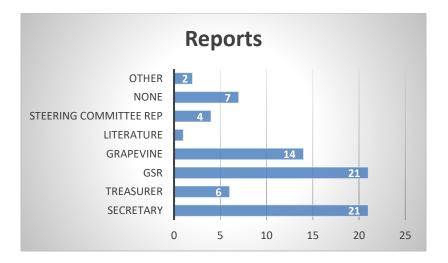
### Opening

- Attendees introduce themselves. Those attending for the first time are invited to reintroduce themselves.
- Silent meditation.
- Camel Prayer



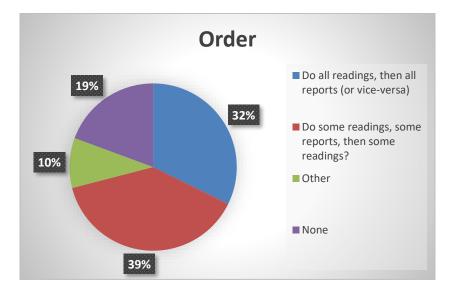
# Readings

- None. Of course, we read the above readings when they are in the text we are reading that week.
- We read a tradition, both the short and long form, every other week. The reader supplements that tradition with the *12&12* or The Twelve Traditions Illustrated pamphlet, and comments from others are welcome. We also read an autonomy statement, which is based on Tradition 4.
- None; we don't do any readings. We feel that since some chapters are long, we want to make sure there is enough time to discuss the reading and that everyone gets a chance to share.



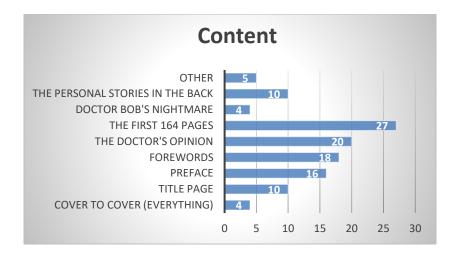
#### Reports

- Responsibility Declaration is read during Grapevine Report.
- Treasurer and GSR reports are delivered at the monthly Group Conscience.
- Recognition with coins.
- We have a Unity Report, given by our Unity Chair. This person provides information on upcoming AA events in the community and out of town that members of the Homegroup will be traveling to most of these events are "YPAA" related conventions and the like. This is a way to keep younger members in attendance informed of ways to get involved in service and the Fellowship.



## Order

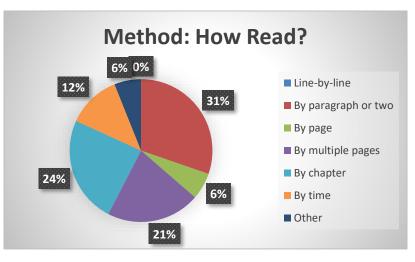
- We just say the Serenity Prayer, explain our group procedure and start reading.
- Only do reports at the group conscience meeting.
- Readings at the beginning and announcements at the end.
- No readings or reports.
- Readings, no reports.
- No reports: informal group.



# **Study Content**

["Doctor Bob's Nightmare" showed up by itself as an "Other" category, so I added it to the chart above. – Editor]

- Each time we start the book, we discuss anew what to read. We usually do the first 164 and 11 of the stories.
- We also read other conference-approved literature, such as the 12&12. We are considered a "Literature Study" instead of a "Big Book Study" but spend about two years reading through the Big Book before rotating to another piece of literature.
- All the way through the Concepts!
- It takes about two years to complete a study cycle.
- Next to last meeting of the month is the Step of the month from the 12&12; last meeting of month is the Tradition of the month from the 12&12.
- Open the book at random.
- The readings discussed in the Joe and Charlie tapes. [That would be Joe McQ and Charlie P; google "The Big Book Comes Alive" Editor.]

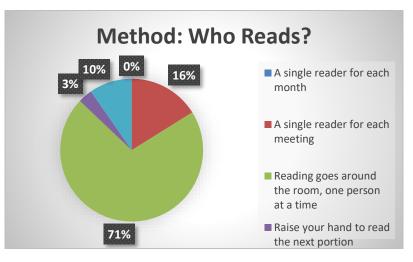


# **Reading Method (How Read?)**

["By time" showed up by itself as an "Other" category, so I added it to the chart above. – Editor]

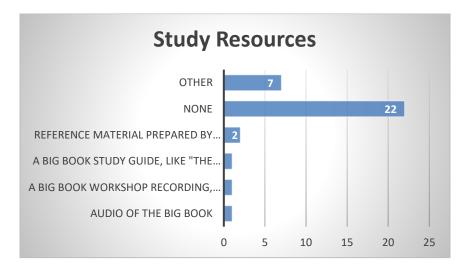
- When a complete thought is finished.
- Read first half of meeting; discuss what was read last half of meeting.
- We take turns reading a chapter or two then we discuss the chapter. We do allow people to jump in after someone reads and make a comment (which is not very often) but we mention it in the beginning that if you feel compelled to make a comment between, feel free to do so.

- Each week, we read about 20-25 minutes total.
- Our mtg starts at 10; we read to 10:30, then start discussion.
- At the Chair's discretion.
- Read for a half-hour; discuss after.
- By multiple pages; we read a pre-determined number of pages each meeting, and then open up for discussion. It depends on the content/part of the book we're in as to how many pages we will read that week.



# **Reading Method (Who Reads?)**

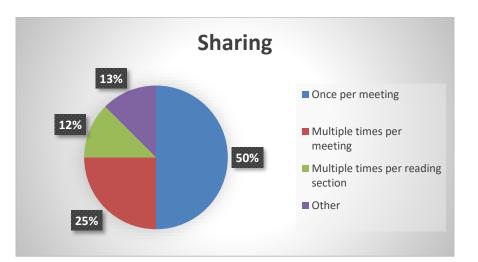
- As the Spirit moves you.
- The chairperson reads, comments and invites others to share. Our chair schedule is completed a year in advance; each person is responsible for two consecutive meetings.
- We used to have the chairperson of the month read the entire passage, but sometimes the chair prefers to go around the room, one person reading at a time. We leave it to the Chair of the meeting to decide how to proceed.



#### **Resources**

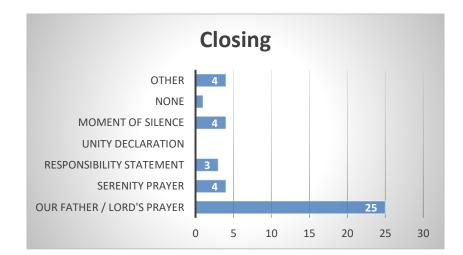
- Seeds of Service newsletter.
- Once a month, we have a speaker meeting.
- The *12&12*.
- We do have a *Big Book Dictionary* on hand if we have questions about words. [*That's likely the "The Little Big Book Dictionary", by Lyle P. Editor*]

- Schedule of readings sheet [See the attachment at the end of this report for one! Editor]
- We listen to an audiobook recording of the Big Book instead of having someone read.



### Sharing

- We finish reading and then discuss what was read until the end of the meeting, this allows for "double-dipping."
- Multiple times if there is time; if not only once.
- Multiple times, because sometimes there aren't many people at the meeting, so we allow it.
- An individual can share as long as they want, as there is no set time limit.



#### Closing

- AA related announcements.
- Promises.
- Chair's choice.
- 11<sup>th</sup> Step prayer [That's likely to be a prayer derived from either the suggested Morning and Evening process detailed on page 86 of the Big Book, or the "Prayer of Saint Francis" which appears in Step Eleven in the <u>12&12</u>. Editor].



# **BIG BOOK STUDY GUIDE**



#### SET ASIDE PRAYER

#### GOD, PLEASE LET ME SET ASIDE EVERYTHING I THINK I KNOW ABOUT SOBRIETY, LIFE, AND YOU SO THAT I MAY BE OPEN TO A NEW EXPERIENCE.

AMEN

| Week               | Step            | Reading               | Pages  |
|--------------------|-----------------|-----------------------|--|
| Week 1             | History         | Preface & Forewords   | BB: P. xi-xxiv   |
| Week 2             | 1               | Dr.'s Opinion         | ВВ: Р. хху-хххіі                                       |
| Week 3             | 1               | Bill's Story          | BB: P. 1 – thru 1st paragraph on p.8                   |
| Week 4             | 1               | Bill's Story          | BB: P. 2nd paragraph on P.8 thru P.16                  |
| Week 5             | 1               | There is a Solution   | BB: P. 17 thru the 3rd paragraph on P.22               |
| Week 6             | 1               | There is a Solution   | BB: Bottom of P.22 thru top of 25                      |
| Week 7             | 182             | There is a Solution   | BB, 1st Paragraph on P. 25 thru P. 29 & P. 567 & 568   |
| Week 8             | 182             | More About Alcoholism | BB: P. 30 thru the 2nd paragraph on P.34               |
| Week 9             | 182             | More About Alcoholism | BB: Bottom of P.34 thru the 2nd paragraph on P.38      |
| week 10            | 1&2             | More About Alcoholism | BB: Bottom of P.38 thru P.43                           |
| Week 11            | 2               | We Agnostics          | BB: P. 44 thru 1st paragraph on P.49                   |
| Week 12            | 2               | We Agnostics          | BB: 2nd paragraph on P.49 thru 2nd paragraph on P.53   |
| Week 13            | 2               | We Agnostics          | BB: 2nd paragraph on P.53 thru 57                      |
| Week 14            | H.O.W.          | How it Works          | BB: P. 58 through (a)(b)(c)                            |
| Week 15            | 3               | How it Works          | BB: (a)(b)(c) on P. 60 thru 3rd paragraph on P.63      |
| Week 16            | 4               | How it Works          | BB: Bottom of P.63 thru 2nd paragraph on P.67          |
| Week 17            | 4               | How it Works          | BB: Bottom of P.67 thru P.71                           |
| Week 18            | 5.687           | Into Action           | BB: P.72 thru 2nd paragraph on P.76                    |
| Week 19            | 8 & 9           | Into Action           | BB: 3rd paragraph on P.76 thru 1st paragraph on P.84   |
| Week 20            | 10 & 11         | Into Action           | BB: pgs. 2nd paragraph on P.84 thru 88                 |
| Week 21            | 12              | Working with Others   | BB: P.89 Thru top of P.94                              |
| Week 22            | 12              | Working with Others   | BB: 1st paragraph on P. 94 thru 2nd paragraph on P.98  |
| Week 23            | 12              | Working with Others   | BB: 3rd paragraph on P.98 thru P.103                   |
| Week 24            | Conclusion      | A Vision for You      | BB: P.151 thru 2nd paragraph on P.153                  |
| Week 25            | Conclusion      | A Vision for You      | BB: 3rd paragraph on P.153 thru 1st paragraph on P.161 |
| Week 26            | Conclusion      | A Vision for You      | BB: 2nd paragraph on P.161 thru P.164                  |
| Ween 20            | 00              |                       |  |
| Suggested readings |                 | To Wives              | BB: P.104 thru P.121                                   |
|                    |                 | The Family Afterwards | BB: P.122 thru P.135                                   |
|                    |                 | To Employers          | BB P.136 thru P. 150                                   |
|                    |                 | Dr. Bob's Nightmare   | BB: P. 171 thru P. 181                                 |
| All "BB" pag       | ne numbers refe | r                     |  |

All "BB" page numbers refer to the Fourth Edition of "Alcoholics Anonymous"

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